

Quick Guide

Please visit our website for more detailed guidelines

<https://www.marayongfc.com.au/covid-19-training-guide.html>

The guidelines are put in place by the governing bodies such as Football NSW and the BDSFA. Teams breaking these guidelines could lead to our club losing field hire privileges.

Please ensure that you read the FNSW COVID poster which can be found through the above link. This is mandatory for all members including parents.

Schedules outlined on the below schedules guides are final and must be followed, all players/teams seen to be attending sessions outside of their allocated time and day will be asked to leave and may even have their training rights terminated. This includes weekends.

As per the below training schedule, the fields are split into 4 quarters, each team below U9's has been allocated one quarter and all teams from U9's and up have been allocated 2 quarters side by side, you may only have 10 people maximum per quarter including coaching staff. Premier league is allocated 4 quarters as the team consists of 32 player and 4 coaching staff

Please make sure you come to training no more than 10 minutes prior to your start time to avoid large gathering and please ensure that once your session is finished that you leave the fields within 10 minutes.

Contact training such as game simulations is NOT permitted at this stage, only non contact drill training is allowed until restriction are lifted further. Social distancing is still applicable to training sessions.

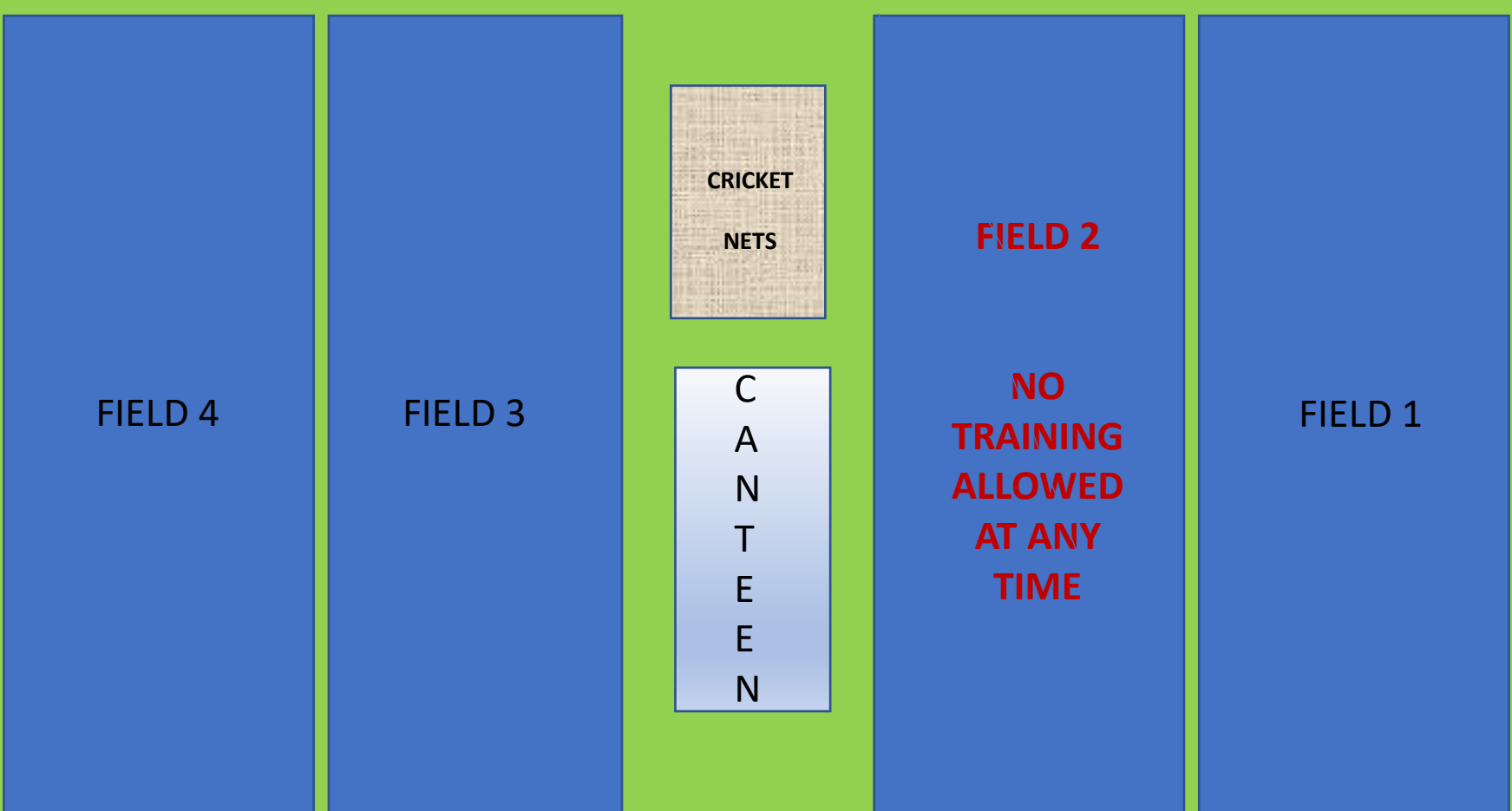
Parents will need to stay away from the training areas, this is not negotiable as there are limits to the amounts of bodies we can have on the field.

Once again please visit the above link to view the detailed guides provide by FNSW and BDSFA. This is mandatory prior to attending your first session.

Stay safe everyone and we look forward to seeing all our members again.

PARK LAYOUT

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BENALLA CRESCENT

TEAMS MAY ONLY ATTEND THE SESSIONS ALLOCATED TO THEM AS REQUESTED BY THE COACH

As mentioned above, Field 2 is closed for training, if any team is seen training of field 2 they will be asked to leave.

Field marshals will be attending every training night to ensure everyone is complying with the training guidelines. Please do not give the marshals a hard time as they are their to ensure everyone stays safe. Any harassment of the marshals WILL NOT BE TOLERATED.

FIELD 1 (This is the creek end)

MONDAY

7:00 – 9:00 = Prems Reserves

Tuesday

5:00

6:00 – 7:00 U 13 Div 4 -- Chris E (A)

7:10 – 8:10 U13 Div 3 -- Chris (A)

Wednesday

5:00 – 5:50 = U7 Dev 3

6:00 – 7:00 = U10 Dev 2 -- Corey (A)

7:10 – 9:10 = Prems 1st Grade

Thursday

5:30 – 7:00 U14 Div 2 -- Dawn (A)

6:00

7:00

MONDAY

7:00 – 9:00 = Prems reserves

Tuesday

5:00

6:00 – 7:00 U 13 Div 4 -- Chris E (B)

7:10 – 8:10 U13 Div 3 -- Chris (B)

Wednesday

5:00

6:00 – 7:00 = U10 Dev 2 -- Corey (B)

7:10 – 9:10 = Prems 1st Grade

Thursday

5:30 – 7:00 U14 Div 2 -- Dawn (B)

6:00

7:00

MONDAY

6:00

7:00 – 9:00 Prems Reserves

Tuesday

5:00

6:25 – 7:25 = U9 Dev 3 – Alyssa (A)

7:35 – 9:00 = AAM Div 5 -- Josh (A)

Wednesday

5:25 – 6:15 = U5 Koalas -- Davor

7:00 – 9:00 = Prems 1st Grade

Thursday

5:00

6:00 – 7:00 U13 Div 4 -- Chris E (A)

7:10 – 8:10 U13 Div 3 -- Chris (A)

MONDAY

6:00

7:00 – 9:00 Prems Reserves

Tuesday

5:00

6:25 – 7:25 = U9 Dev 3 – Alyssa (B)

7:35 – 9:00 = AAM Div 5 -- Josh (B)

Wednesday

5:00 – 6:00 = U7G Justin

7:00 – 9:00 = Prems 1st Grade

Thursday

5:00

6:00 – 7:00 U13 Div 4 -- Chris E (B)

7:10 – 8:10 U13 Div 3 -- Chris (B)

FIELD 3 (This is the creek end)

Tuesday

5:00

6:25 – 7:25 = U12G Div 1 -- Alexis (A)

7:35 – 9:00 = U12 Div 1 -- Alexis (A)

Wednesday

5:00

6:25 – 7:25 = U12 Div 4 -- Justin (A)

7:35 – 9:30 AAL Div 1 (A)

Thursday

5:00

6:25 – 7:25 = U12G Div 1 -- Alexis (A)

7:35 – 9:00 = U12 Div 1 -- Alexis (A)

Tuesday

5:00

6:25 – 7:25 = U12G Div 1 -- Alexis (B)

7:35 – 9:00 = U12 Div 1 -- Alexis (B)

Wednesday

5:00

6:25 – 7:25 = U12 Div 4 -- Justin (B)

7:35 – 9:30 AAL Div 1 (B)

Thursday

5:00

6:25 – 7:25 = U12G Div 1 -- Alexis (B)

7:35 – 9:00 = U12 Div 1 -- Alexis (B)

Tuesday

5:00

6:00 – 7:30 = U8 Dev 5 -- Leyton

7:00 – 8:00 = U14 Div 4 -- Will (A)

Wednesday

5:00

6:25 – 7:25 = U12 Div 5 -- Scott (A)

7:35 – 9:30 = AAM Div 1 (A)

Thursday

5:00

6:00

7:00 – 8:00 = U14 Div 4 -- Will (A)

Tuesday

5:00

6:30

7:00 – 8:00 = U14 Div 4 -- Will (B)

Wednesday

5:00 – 5:55 = U6 Sharks -- Hom

6:25 – 7:25 = U12 Div 5 -- Scott (B)

7:35 – 9:30 = AAM Div 1 (B)

Thursday

5:00

6:00 – 7:00 = U8 Dev 4 -- Sean (B)

7:00 – 8:00 = U14 Div 4 -- Will (B)

FIELD 4 (This is the creek end)

Tuesday

5:00

6:00 – 7:00 = U10 Dev 4 -- Dylan (A)

7:10 – 9:10 = AAM Div 3 (A)

Wednesday

5:00

6:00

7:30 – 9:00 = AAL Div 5 (A)

Thursday

5:00

6:00

7:00 -9:00 = AAM Div 7 (A)

Tuesday

5:00

6:00 – 7:00 = U10 Dev 4 -- Dylan (B)

7:10 – 9:10 = AAM Div 3 (B)

Wednesday

5:00

6:00

7:30 – 9:00 = AAL Div 5 (B)

Thursday

5:00

6:00

7:00 – 9:00 = AAM Div 7 (B)

Tuesday

5:00

6:25 – 7:25 = U9 Dev 2 -- Emmanuel(A)

7:35 – 8:35 – U15 Div 2 Mark (A)

Wednesday

5:00

6:15 – 7:35 = U16G Div 2 -- Stevie (A)

7:45 – 9:45 = AAM Div 5 -- Angelo (A)

Thursday

5:00

6:00

7:30 – 9:00 = AAM Div 5 -- Josh (A)

Tuesday

5:00

6:25 – 7:25 = U9 Dev 2 Emmanuel(B)

7:35 – 8:35 = U15 Div 2Mark (B)

Wednesday

5:00

6:15 – 7:35 = U16G Div 2 -- Stevie (B)

7:45 – 9:45 = AAM Div 5 -- Angelo (B)

Thursday

5:00

6:00

7:30 – 9:00 = AAM Div 5 -- Josh (B)